

## PLAY SAFE, STAY SAFE

## PLAYER GUIDELINES FOR RETURNING TO COURT SAFELY

- Check first

  Before booking a court, check that your club/venue is open and what their current rules/policies are
- Book in advance
  No play without prior booking
- Sign in and out
  Follow your club/venue's sign-in rules
- Maintain good personal hygiene
  Wash your hands frequently, including before
  and after you play
- Bring your own towel and water bottle
  Showers and café facilities may be closed
- Make time
  The court booking schedule may have changed, so arrive on time (not early), ready to play and leave promptly
- Keep your distance
  Ensure that you adhere to current social distancing guidelines at all times
- Be kind

  Respect your club/venue rules and be kind to fellow members so that we can continue to enjoy squash together
- Stay home

  If you or anyone in your household are unwell, even with mild symptoms, please do not come to the club/venue.

  Follow NHS guidelines and report your symptoms to the club/venue for contact tracing purposes